

## THE ROLE OF BOOKS AND READING IN HUMAN LIFE

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**Abstract:** *Increasing students' love for books, developing their reading culture.*

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The book directs mankind to the path of goodness. A book is a miracle that helps a person understand why he came to life, why he lives, who is good and who is bad. A person who reads a book will have a broad outlook, and at the same time, he will be patient and tolerant. In addition, book knowledge is fundamental knowledge. Today, if our students and young people are interested in fiction, if they love it, we should only be happy about it. A person who has not read a book has no spirituality. The worldview will be low, if you want to know the secrets of the world, you need to read a lot of books. After all, our great grandfather, Aburayhan Beruni, said, "Time is infinite, the generations that take each other's place only rise from one level to another. Each generation delivers accumulated experience to the next generation, which will develop and enrich it after itself. They didn't say that for nothing. The book is the most important source of knowledge and spiritual growth for every person who seeks to study.

In the language of our people, there are many proverbs about the importance of reading books and getting proper education, doing science, and learning a profession. For example, "A mind without a book is a bird without wings", "Beauty is knowledge with enlightenment", "Knowledge brings happiness, knowledge brings a throne", "Craft is a flowing spring, knowledge is a burning lamp", "The sign of happiness is knowledge". , "Knowledge is the lamp of the mind", "Seek knowledge from the cradle to the grave", "Don't buy gold, get knowledge, if you get knowledge, get knowledge". Such wise and wise sayings can be found in the dictionary of our book-loving people. The most important thing is that these folk wisdoms have been polished for centuries and have been showing the right path to many generations like a guiding star. the basic truth is that an important factor for a person to be educated, educated, professional, and certainly happy and stateful is to be familiar with books, always read books and do not forget to read them for the rest of your life. Especially, the book has a special place in the happy, mature, peaceful and prosperous life of young people. Because a good book increases a person's feelings of love for the Motherland, respect for national and universal values, and encourages kindness and goodness. The role of fiction is incomparable in expanding a

person's worldview, in independent thinking, in coping with life's trials, and in building one's own future. When creative people see our people in bookstores and libraries, their spirits rise like a mountain. After all, "Navoi Khan's", "Babur Khan's" and "Qadiri Khan's" nights have been held in our country for a long time. The fact that our President is taking the lead in such meritorious works means that he protects the interests of the young generation, not only intellectuals, entrepreneurs, businessmen, but also the general public, as well as book creators. The book leads a person to perfection. The rules of life teach the art of living. The book gives knowledge, and knowledge means intelligence, light, spiritual strength. The book is considered one of the main symbols of the conscious life of humanity and the world of spirituality. He is an infinite world: be patient, the sky is high. The book is a source of knowledge, a treasure of wisdom collected by humanity, a product of social consciousness. Reading books increases human thinking, looks at life with deep eyes. If we pay attention, recently the young generation, children were interested in the Internet and various social networks and stopped reading many books. This shows ignorance. Professor B.F. Asmus in his article entitled "Bookreading is work and creativity" defines reading as follows: "During reading, the work is not poured into the brain of the reader like water poured from one jug to another, but is re-perceived by a creative reader." Today, at a time when our country is rapidly developing, the attention to the formation of book reading and reading culture, reflected in the thoughts of our ancestors and sages, has risen to the level of state policy. Because, realizing the incomparable role of book reading in the all-round formation of the young generation, the President of the Republic of Uzbekistan signed on September 14, 2017 "Comprehensive measures to develop the system of publication and distribution of book products, increase and promote the culture of book reading and reading". "On the program of events" is important, especially in this document: and increasing the culture of reading, which is of incomparable importance in raising a well-rounded person who lives with a sense of love and loyalty to the Motherland and its people, is paying special attention to the general public. In addition, the decree of the head of our state, Sh.M. Mirziyoev, adopted on January 12, 2017, "On the establishment of a commission on the development of the system of printing and distribution of book products, increasing and promoting the culture of book reading and reading" is It is not an exaggeration to say that it was one of the most important documents. In this document, it is necessary to attract a wide segment of the population to reading books, to promote reading and reading, to raise our adult children to be fond of books from the kindergarten age, to pay attention to the content of book products, to improve the quality of their printing, it is planned to increase the number of bookstores filled with books of different contents, to further enrich the book fund."The fifth task is to solve the problems of printing and distribution of books. Here, first of all, we are talking about widely promoting the rich history of our country, its unique culture and national values among the youth and population, and creating the necessary environment and conditions for the achievement of

world science and literature. In this regard, it is necessary to take into account the fact that modern computer technologies and, especially, the Internet system are far ahead of us."

Children's interest in books is increasing as a result of large-scale spiritual reforms, events, explanatory works, meetings with poets in order to promote reading a lot of books in our country. In all educational institutions, including our 15th secondary general education school, in order to improve the reading culture of students, mobile educational seminars, fiction literature is brought to the libraries based on the opinions and needs of students. Finally, on the basis of the action strategy of President Sh. Mirziyoyev in the five priority areas of development of the Republic of Uzbekistan in 2017-2021, it is necessary to deeply resolve noble values and traditions in the life of society, in particular, the spiritual development of our people, especially the young generation. special attention is paid to raising the culture of reading, which is of incomparable importance in raising a well-rounded person who lives with a sense of love and loyalty to the motherland and its people, in raising intellectual potential, self-thinking and worldview. In particular, the love for books was strengthened in the course of 5 initiatives. As a result of the results, competitions are held among children at reading nights, and positive results are being achieved. Readers who have read a lot of books are given financial and moral incentives in various nominations, including valuable items and even cars. Through this, thousands of hidden sides of children and hearts familiar with books are revealed and revealed. As a result of these reforms, in our school, not only students, but also their parents understand that a book is the closest friend for a person and read together with their children. There is no doubt that reading books and understanding the essence of works will make a person a perfect, intelligent deep thinker.

In educational institutions, this process helps to increase the level of knowledge of students and to strengthen their intelligence. That's why it is the main task of us teachers to educate young people to become well-rounded people who think in all aspects, are mature in terms of meaning, can intelligently analyze any information.

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