## **PSYCHOLOGY AND ITS PRINCIPLES**

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**Annotation:** Psychology as a holistic and independent science serves to form a humanistic mentality in people, and its involvement in the human factor necessitates its direct connection with all disciplines that study problems of this direction in a certain sense. These are primarily the spheres of socio-humanitarian science, and the position of psychology between them is unique and leading.

Key words: position of psychology between, social philosophy, full understanding

The connection between philosophy and its part of social philosophy, which has been formed and developing in recent times, arises from the role and importance of both these Sciences in the full understanding of the essence of a person and his life and the determination of trends in its development. General laws and principles on the development of Nature, Society and human thought are borrowed by psychology from the base of philosophy, and at the same time he himself, with his achievements in the field of laws of human consciousness and thinking, contributes to the acquisition of philosophy with rich knowledge. It should be noted that in the search for general scientific laws relating to the ideology of independence and the formation of national consciousness, in the conditions of our country, the cooperation of both sciences - philosophy and psychology is directly felt. This connection primarily serves to fulfill such an urgent task as the formation of national ideology and national idea in the historical period, when the problem of the formation of a new thinking and worldview is transverse.

Since the science of Sociology has also entered an important stage of its development in a new context of social relations, psychology uses both the achievements achieved by this science and serves as an estimated power to expand their scope. The connection of Social Psychology with sociology, which has become especially important in our time of today's development, which has independently separated from psychology, is inextricable; they serve the work of ensuring social progress and development in society. In addition, to ensure in practice the legal culture of the population of Uzbekistan, which carries out the work of building a legal, democratic state with stability, and psychological readiness for democratic changes, it is important to combine the methodology and methods of both disciplines in the timely study, prediction and development of criteria for development of Social Thought and changes in Therefore, the socio-psychological service centers organized in places are aimed at fulfilling the same task. And on the scale of our republic, the social surveys of the Center for "Social Thought" on various topics, together with the expression of the mood, interest, desire, need, intention of the population, lead to what promising plans should be drawn up by the government and the state. The transfer of sociopsychological surveys at universities makes it possible to find out the teacher-student, student-teacher relationships, employee-leader relationships at work. Through it, it will be possible to identify not only the sociological survey, but also the psychological characteristics associated with the human personality.

The interaction and connection of pedagogy and psychology is traditional and longstanding, their role and prestige in the implementation of the upbringing of the younger generation in the spirit of the requirements of the times are characteristic. The implementation of the "Education Law" and the "National Personnel Training Program «implemented in our republic has made cooperation and interaction between the two disciplines more relevant than ever. Among the conditions that guarantee the perfection of a person of a new model recognized in the national program, his deep knowledge, the introduction of new pedagogical technologies into educational and educational processes, pedagogy's own methods and rules will not be enough. That is why psychology, in cooperation with it, studies from the development trends of the consciousness of the younger generation in educational periods, to the assimilation of new teaching technologies by the child and how mental and intellectual abilities are affected in him, and the organization of work on this basis necessitates the combination of methods in psychology with didactic ones. The introduction of the principles of spiritual perfection in school and educational institutions of a new type also presupposes the practical implementation of the most advanced and modern forms of teaching in the field of profound knowledge of personality psychology. In the joint consideration of education and upbringing of a person, and not separately, the mutual continuity of the disciplines of pedagogy and psychology is important. The fact that nowadays, in order to improve the quality and effectiveness of education, knowing the psychological characteristics of the educational person, the introduction of the technology of pedagogical influence on him and its orientation to New Knowledge also indicates that these two disciplines are closely related.

Natural sciences: biology, physiology, chemistry, physics, etc. It provides material for an understanding of the natural physiological mechanisms of psychic phenomena and processes and, thereby, an objective studies of the laws of their course. In particular, recognizing the role of the brain and the central nervous system in the regulation of mental activity and their coordination, the science of psychology uses the achievements of the natural sciences and research methods in them Factor by factor. For example, since the diagnosis of a person's abilities necessitates the simultaneous knowledge of his innate abilities and acquired qualities, he uses in his place a number of methods of Psychophysiology (the laws of brain asymmetry, recording brain biorhythms, identifying aerodynamic phenomena, methods of measuring blood circulation and body temperature) in determining the characteristics of that natural capacity and uses the achievements Therefore, all achievements in the field of Natural Sciences enrich it by contributing to a more perfect coverage of the subject of psychology. Achievements in the field of cybernetics science are also significant and necessary for Psychology, which uses in its place the technology of information and methods of research, acquired by cybernetics in the field of self-control and improvement of psychic processes of the human personality. In the XX1 century, which is a century of information, the potential for cooperation in Information Technology and modeling in psychology and cybernetics will increase even more. For example, the appropriate use of various cybernetic models in improving the personality system in the process of such social activity in order to further improve the process of simple communication, increase the sensitivity of each word in interpersonal relationships, and increase the role and role of modern psychology in society, and the widespread use of special computer programs guarantees a quick and accurate.

The interaction and cooperation of psychology with technical sciences is clearly felt. On the one hand, the need to use special technical means in solving the problem of the human mind, which controls complex techniques, and on the other, in opening up complex facets of psychic life, presupposes combining the achievements of these two directions. There is another special aspect of the issue, which is that the issue of further perfecting the activities of a person "communicating" with complex techniques and machines at a time when technology is striving for progress and adapting to its capabilities is also an issue that should be addressed in this cooperation. Knowing the secrets of complex modern technology for independent Uzbekistan, how relevant it is to ensure its service to the development of society and science, it is very important for every simple to adapt his mind, thinking and abilities and look for the most effective ways of dialogue "Man -Machine". Even when it comes to training qualified professionals who "speak" freely with the technique, technical sciences achieve success only if they can use the techniques of pedagogy and psychological sciences.

The interaction and cooperation of psychology with economics is also a novelty, especially in the context of a gradual transition to market relations, both disciplines serve equally in the study of the laws of economic consciousness and the specific manifestation of economic behavior. President Of Uzbekistan I. As early as the first years of independence, Karimov focused on the importance of the formation of new economic thinking in citizens, primarily in youth, in the economic development of society. So, in the matter of educating the personality of the new era and its adaptation to society, psychology should take into account the achievements in economic science, innovations and factors of achieving economic effect, and Economics, in turn, should solve the task of identifying, analyzing and predicting all psychological changes in the human factor, being the object and subject of economic reforms.

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