## **MY VALUES**

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**Annotation:** Each nation's customs and traditions are one of the nation's main assets. Every Uzbek child is proud of his traditions and values. This article describes the value of Uzbeks, the loving embrace of their people, and their generosity.

Annotatsiya: Har bir xalqning oʻz urf-odat va an'analari millatning asosiy boyliklaridan biridir. Har bir oʻzbek bolasi oʻz an'analari va qadriyatlaridan faxrlanadi. Ushbu maqolada oʻzbeklar qadriyati, odamlarining mehrga limmo-lim quchogʻi, saxovatpeshaligi tasvirlab berilgan.

**Аннотация:** Обычаи и традиции каждого народа являются одним из главных достояний нации. Каждый узбекский ребенок гордится своими традициями и ценностями. В этой статье рассказывается о ценности узбеков, любящих объятиях своего народа и их щедрости.

**Key words:** tradition, love, family, community, neighborhood, generosity, faith.

Kalit soʻzlar: an'ana, mehr, oila, jamiyat, mahalla, saxovat, e'tiqod.

**Ключевые слова:** традиция, любовь, семья, община, соседство, щедрость, вера.

Homeland begins at the thereshold. As soon as a person is born, his duties and responsibilities to the country come with him. Homeland is a sacred place for everyone. As we grow up, the motherland brings us to adulthood in its arms.

It is very important to protect our ancient traditions and values and live according to them in order to avoid various harmful effects of today, to remain the owner of the national image and unique qualities characteristic of our people from time immemorial under any circumstances.



Every nation on earth is distinguished only by its unique traditions and values, naturally, such values and traditions, which are the priceless wealth of every nation, did

not appear in a day or two. The historical experience of mankind for thousands of years shows that it takes a long time for something to become a tradition, especially a value. Over the years, centuries, certain views, habits, concepts, and experiences pass the test of times and generations and become polished. If they are accepted, continued and become a tradition by the next generations, then they can be called a national tradition and value.

Values related to ethnic aspects and characteristics that are important for the nation are called national values. National values are manifested in close connection with the history, way of life, spirituality and culture of the nation.



The national values of the Uzbek people, which have been passed down from century to century, have been formed in a long historical process. For example, respect for the motherland where one was born and raised, not being able to imagine one's destiny without this country, loyalty to the memory of past ancestors, constant respect for elders, maintaining modesty and dignity in any situation, in marriage Many virtues, such as the emphasis on cleanliness, form the basis of our national values. Our people are strongly attached to the land where they were born and raised, and they learn to respect it from childhood and grow up feeling it. So, the national traditions and values related to our nation's boundless loyalty and respect to their country are explained by its rich history. Likewise, the traditions and values of our people, such as respect for elders, respect for children, hospitality, kindness to those in need, modesty, kindness and kindness, protection of women and their families, high value of cleanliness in domestic life. it is our immortal spiritual heritage that has passed the long trials of life. The Uzbek people have wonderful human qualities and rare traditions that the world has been recognizing. Not eating until all the family members are gathered, waiting for the head of the family politely, standing up to meet the parents, showing them compliments at all times, showing respect to the elders, kindness to the younger ones, great-ancestors, not sparing help to neighbors, close relatives, neighbors, acquaintances, etc. are examples of this. Strictly follow the rules of etiquette in dealing with others, speak modestly and politely to those who are older than oneself, do not say inappropriate words to them, do not be obscene, respect etiquette, Not giving back - all this is considered a real grace and kindness in our people and is highly respected. It is a traditional rule of the Uzbek people to respect and honor their elders, first of all, elderly grandfathers and fathers, enlightened mothers and grandmothers, and to spare no effort to help them. it is deeply absorbed into his blood and

body. According to the traditions of our ancestors, when young people see older people, regardless of whether they know them or not, regardless of nationality and gender, they should be the first to give way when they meet, and have a cordial relationship with them. they should not spare their compliments. Not a single ceremony, wedding, party in Uzbek families takes place without the advice and participation of the elderly. The life experiences, knowledge and wealth of the elderly, their paths, guidance, advice, and lessons are the greatest wealth for young people, an inexhaustible mine of treasures. It is also possible to mention that there are many proverbs, proverbs, legends and stories that say that there will be blessings in a house with an elderly person.



One of the great values of the Uzbek people, which has been continuing since ancient times and never loses its importance, is the high level of respect, honor and respect for parents. There is no one in the world more kind, dear and respectable to a child than parents. Parents are a child's support, inexhaustible wealth. Without hesitation, it must be said that a parent spares nothing for a child. That is their nature-given greatness. According to the rules of etiquette of the Uzbek people, it is considered a sin to pass in front of the elderly and parents without greeting.

Therefore, it is the duty of children to appreciate their parents, not to forget their service, and to receive their prayers. This is one of the most important students of our national values. As our great-grandfathers said, serving parents is an obligation for children: "Serve both parents equally, consider your service to be less, no matter how much you do. It is worth sacrificing your head in front of your father and giving your whole body as alms for your mother's head! If you want both worlds to prosper, get the approval of these two people! Think of one as the moon, the other as the sun, which gives light to the day and night. Do not write anything other than their words, do not take a step outside the line they have drawn. Do all the service with good manners, and do your best like the word ``adab."

## **REFERENCES:**

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