

FEATURES OF COMMUNICATION IN THE PROCESS OF PERSONALITY FORMATION

Jurabekova Khabiba Madaminovna

Doctor of Philosophy in Political Sciences

Head of the Department of Uzbek Language and Literature

Andijan machine-building institute

Communication is a multifaceted process of developing connections arising from the needs of joint activities between people. Communication (relationships) includes the exchange of information between participants in joint activities. At the same time, the communicative aspect of these relationships is taken into account. When entering into a relationship, people choose one or another language. Another aspect of communication is the mutual movements of the participants in the relationship - not only words, but also movements during speech.

It is important for everyone to know the rules of communication and develop skills and abilities to establish it. The "I" of each person is formed in the process of communicating with others, the life paths of the individual are formed first in the family, kindergarten, school, institute, office, the elderly, that is, in the collective and community. One of our highest spiritual needs is the need for communication. If our need for communication is not satisfied, our mind will not develop. Therefore, we must always satisfy our communication needs. We are happy to communicate with someone, but in some cases we feel dissatisfied.

In the scientific literature, communication between people is considered as a process. Communication is a necessary and important aspect of any activity.

It is in the process of communication and through it that the essence of a person manifests itself. Communication helps mutual understanding between people and through it a person gradually becomes harmoniously developed. Through communication, we solve certain problems or vice versa – through communication, we may have various conflicts or problems.

Through communication, purposeful cooperation of people is organized in the process of joint activities, exchange of experience, acquisition of labor and life skills, manifestation and satisfaction of spiritual needs. The other side of communication is the mutual behavior of the participants of the conversation, not only with words, but also with actions and gestures. The process of communication also depends on the interests, worldview, culture of people, because communication between people is a natural need.

The method of connecting people in communication consists of six step-by-step steps.

Step 1 - Mutual understanding

Step 2. Find common or compatible interests

Stage 3 - proposed qualities and accepted principles of communication

Stage 4 - identify qualities that are dangerous for communication

Stage 5 - individual impact and adaptation to the interlocutor

Step 6 - Creating common rules and interactions

Following the sequence of steps is important to create the right impression [2]. The steps can be considered as a program for tracking the sequence of changes observed in the communication process. It can also control the way of interaction.

Relying on the laws of communication, a person enters into interpersonal relationships. All cognitive qualities of the employee (memory, attention, perception, intuition, thinking, imagination) are involved in this communication process. These processes help the employee to think logically, connect with the past situation, compare and contrast, ideally perceive the object and the situation. Communication is the process of establishing and maintaining direct or indirect communication between people who are psychologically connected to each other in one way or another, using various means.

There are the following types of communication: 1) direct; 2) indirect; 3) role-playing; 4) official; 5) informal.

Direct communication is considered to be a conversation with a person face to face, in this case, each participant perceives, communicates and uses all available means.

Indirect communication is a means of communication involving individuals, departments and mechanisms (for example, telegraph, telephone conversation).

There are several types of communication abilities in the psychological literature:

1) the ability of a person to understand a person (assessment of a person as a person, his characteristics, motives and needs, consideration of external behavior in relation to his inner world, face, hands, the ability to "read" body movements);

2) self-awareness of a person (assessment of his knowledge, abilities, character and other aspects of how a person is perceived by others and people around him) assessment with the help of vision);

3) the ability to correctly assess the communication situation (observe the current situation, be able to learn more information about the signs of its manifestation, pay attention to them, correctly understand the socio-psychological essence of the emerging situation when perceiving and evaluating).

Thus, entering into communication, a person forms the concept of "I".

REFERENCES:

- 1.Khabiba, J. . (2021). The Relationship Between a Person and His Personality. International Journal of Development and Public Policy, 1(4), 48–50. Retrieved from <https://openaccessjournals.eu/index.php/ijdpp/article/view/205>
- 2.Jurabekova, Kh.M. ROLE OF A FOREIGN LANGUAGE IN INCREASING COMMUNICATIVE COMPETENCE OF STUDENTS // ORIENSS. 2022. №1. URL: <https://cyberleninka.ru/article/n/role-of-a-foreign-language-in-increasing-communicative-competence-of-students>
3. Азизова М.Р., Каримова Ф.И., Мирзаева Н,С. Journal INX. Effective methods of teaching english and its relation to other sciens.
4. Usmonova Sharifa Gulamovna. Analysis of Utkir Khashimov's "Dard" Story Pindus Journal of Culture, Literature and ELT 2 (3) 8-10, 2022