

## OF PREPARING STUDENTS FOR FAMILY LIFE CONTENT AND LEPROSY

**Ismoilov Sherzodbek Dilshodovich**

*Teacher of Fergana State university*

**Annotation:** *This article contains the content, essence of preparing students for family life, upbringing in the family, a healthy lifestyle, the government of the spiritual environment, the preservation of bad vices, kashandianism, drunkenness, theft and the like, it is important to avoid falling into disgusting situations.*

**Keywords:** *prosperity of society, spiritual image, worldview, happy family, prosperous life, upbringing, spiritual environment, national traditions, mutual respect, family planning, mutual respect of children.*

The spirituality of children who are maturing in healthy and strong families will also be high. And the family is the basis of a healthy lifestyle. To do this, it is important to have a healthy spiritual atmosphere in the family, warm family members, mutual respect of parents and children, preparation of adolescents for family life on the basis of our national traditions, national values in the approach of Uzbek families to raising children. Growing up in a healthy and happy family, children grow up to be able to feel their responsibility for family strength for the prosperity of society. And in this, the spiritual atmosphere of the family plays a big role. Today, in educational institutions, including vocational colleges and academic lyceums, the teaching of the subjects of Family Psychology, pedagogy is considered important. These subjects mainly describe the family, upbringing of children, mutual respect between parents and children in the family, duties and duties, savings in the family, the role of the family in the formation of the child's personality and other issues, all of which provide for the preparation of teenage boys and girls on the verge of new life for family life. The main essence of the science of Family Psychology, which is passed on to students of the second and third stages of pedagogical colleges, is the preparation of teenage youth for the family. It mainly covers the family and its social background, the types of families, the factors of matrimonial marriage, the importance of educational activities with adolescents and adolescents, through a number of topics such as preventing teenage students from falling into various bad vices, kashandianism, alcoholism, theft and similar disgusting situations, family planning. Scientific research by research scientists, pedagogues and psychologists, shows adolescents to family life preparation is a very complex and responsible process.

This several factors are indicated when conducting research work in the direction:

a) the spiritual image of family members, their worldview, their one- attitude towards each other;

b) the degree of socialization of family members;

C) family planning of family members, compatibility of views on the upbringing of children.

In the process of pilot work carried out within the framework of the research problem, work was carried out on these factors. During the conduct of the experimental work, we came to the conclusion that the role of the family in the preparation of adolescents for family life is important. Because the qualities of etiquette, worldview, initial concepts about the family of young men and girls of teenage age are formed in the family.

a) Factors of marriage and marriage receipt, the conditions of marriage, the content of family relations, the role of family members in the formation of a healthy psychological environment in the family, the preservation of Family Health, the formation of a family economy its rational use, the upbringing and upbringing of a harmonious generation in the family. Organization of conversations on the topic of the correctness of the couple's relationship in oil, the formation of sincere sympathies between family members and relatives;

b) what should be considered when it comes to raising teenage girls in the family and neighborhood, when preparing girls for family life? Causes and negative consequences of early marriage of girls, their role in preparing girls for family life in folk pedagogy, holding round tables on topics such as family values and traditions sacred, and ensuring the participation of specialists in this area in such events;

C) in educational institutions with the participation of young men and girls in student Davi on various topics, family holy, mother-in-law-bride relations in the family, a man in the family is the main support of the family, How do you want to set up a family budget?, How would you resolve family conflicts and conflicts? To conduct seminars and trainings on topics such as, who is more dependent on and what to plan a family in the family and build a happy family;

In the pedagogical preparation of students for family life, several methods can be used in educational institutions.

1) Observation method (in lesson processes, circles and other activities in the family and camps) allows you to observe adolescent youth from the outside, their behavior, behavior, attitude to PEOPLE, response to external influences;

2) Through the conversational method (in the course of a particular activity, or lesson), information can be obtained about the thoughts, dreams, feelings, mental experiences of adolescents about their questions and other characteristics that their successes have tormented themselves and cannot find answers;

3) Explanatory method, through this method, adolescent young people on the verge of building a new family can be given knowledge, insights into the problems, conflicts that they will face in their families in the future, and therefore the habit of fasting, what should

be paid attention to when raising children, the secrets of building a healthy and happy family.

4) Discussion method, this method is used in many cases in the family with parents and other family members on different topics, for example. Shows that embody the various family conflicts shown on television, as well as feature films featuring early marriage and their negative consequences, can be conducted through a joint interview in the discussion of the reasons that cause the families' deductions published in newspapers-magazines and other similar topics;

5) Method of working with sources. This method can be used in educational institutions in the process of such subjects as Psychology, General pedagogy, Family Psychology, or in extracurricular seminar-trainings. This method is known by its name, that is, it teaches you to learn information by working in the process of preparing adolescents for family life with various resources, marriage, family types, reasons for divorce, difficulties in raising children, negative consequences of various bad vices and resources necessary to prepare adolescents for independent family life;

6) The incentive method (in the family and in the educational process) is a method that affects the behavior, facial expression, mood and psyche of a teenager, depending on their performance in the family, in the educational process, observing the activities of adolescents and giving certain assignments. The method of promotion is carried out by adults in the family, by teachers in the educational process. Give adolescents the blessing in the family, I believed in you, you will do it, you deserve it (in a positive sense), stimulating words of teachers in the course process in this sense and behavior will serve to increase the attitude towards themselves and others, as well as increase the self-confidence of teenage youth;

7) Punitive method. This method is the opposite of the incentive method and is used by adults because of the mistakes that adolescents know and do not know. The use of the method of punishment in the pedagogical process gives a better result than in the case of the family. Because in oil, the fact that a parent cools his child (adolescent age), punishes him from the educational side can strongly affect them, but this situation, if carried out by educators and psychologists through various methods and tools in the educational process, allows adolescents to catch up and understand their shortcomings;

8) Problem situation method. This method induces different situations to arise artificially to find a solution to this problematic situation, and this method is more desirable if it is done by applying different techniques together. For example, role-playing games, clusters and other methods. A theme is put into the problematic situations of this method. Mother-in-law-Bride, couple, father- getting misunderstandings between mother and Pharisees and various other topics can. The use of this method can eliminate bad traits in adolescents such as hatred, low self-esteem, selfishness, indulgence in bad vices.

In conclusion, can we say that when preparing students for marriage for young people, it is important to have a healthy spiritual atmosphere in the family, to have sincere relations with each other, mutual respect of parents and children, to prepare students for family life on the basis of our national traditions, national values in the approach of Uzbek families to raising children.

#### REFERENCES:

1. Mitrikas A. Family as value: changes and prospects in the choice of value in European countries. - №1. -, 2003.
2. Lapin N.I. Values as a component of the socio-cultural evolution of modern Russia // Socis. 1994. № 5
3. Antonov A.I. Family microsociology: a methodology for studying structure and processes. - : "Nota Bene", 1988.
4. Dilshodovich, I. S. (2022). PSYCHOLOGICAL SCIENTIFIC BASIS OF FAMILY TRAINING OF BOYS IN GENERAL SECONDARY EDUCATION SCHOOLS. JOURNAL OF INTERDISCIPLINARY INNOVATION AND SCIENTIFIC RESEARCH IN UZBEKISTAN, 2(14), 775-779.
5. Ismailov, S. (2021). SPECIFIC FEATURES OF FORMATION OF FAMILY VALUES IN STUDENTS IN THE EDUCATIONAL PROCESS. Galaxy International Interdisciplinary Research Journal, 9 (12), 693-696.
6. Dilshodovich, I. S. (2021). Ways to Increase the Effectiveness of Physical Education Classes in Secondary Schools. Texas Journal of Multidisciplinary Studies, 2, 142-143.
7. Ismailov, S. (2021). Developing a Valued Attitude Towards the Family in Students as a Topical Pedagogical Problem. Zien Journal of Social Sciences and Humanities, 3, 91-93.
8. Ismailov, S. (2021). PEDAGOGICAL PSYCHOLOGICAL OPPORTUNITIES FOR THE DEVELOPMENT OF STUDENT THINKING ACTIVITY IN SCHOOL AND FAMILY COOPERATION. Galaxy International Interdisciplinary Research Journal, 9 (12), 1209-1212.
9. Ismailov, S. D. (2022). SPECIFIC IMPORTANT FEATURES OF THE DEVELOPMENT OF FAMILY VALUES IN ADOLESCENT STUDENTS. INTEGRATION OF SCIENCE, EDUCATION AND PRACTICE. SCIENTIFIC-METHODOLOGICAL JOURNAL, 3 (5), 96-100.
10. Baydzhанov, B. (2021, August). HIGHER EDUCATION PROSPECTS and ISSUES of DEVELOPING INFORMATION SECURITY CULTURE AMONG STUDENTS (ON the EXAMPLE of FERGANA REGION): <https://doi.org/10.47100/conferences.v1i1.1284>. In RESEARCH SUPPORT CENTER CONFERENCES (no. 18.05).
11. Khaitboevich, B. B. (2020). Some features of protection of students from the threat of respectful information in the educational process. European Journal of Research and Reflection in Educational Sciences, 8(10), 69-72.