

MEDICAL EXAMINATIONS OF YOUNG PEOPLE GETTING MARRIED CONDITION AND WAYS TO IMPROVE THEM

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Abstract: *This article discusses health care and access to qualified health care, the right to free medical examination, medical genetics and family planning counseling, and mutual health to prevent negative consequences of marriage. detailed information about the actual situation is given.*

Key words: *Marriage, medical examination, qualified health care, family planning, heredity, fertility, strong family, mental and physical health, congenital diseases, venereal and infectious diseases.*

Currently, Article 48 of the Constitution of the Republic of Uzbekistan states that everyone has the right to health care and qualified medical services. Provides for the right of prospective spouses to receive free medical examinations with their consent, as well as counseling on medical genetic issues and family planning. In our opinion, conducting a medical examination of young people who are getting married is one of the most important and significant tasks today. Future spouses, first of all, should know about each other's true state of health in order to prevent negative consequences of marriage.

In accordance with the decision of the Cabinet of Ministers, in accordance with the decision of the Cabinet of Ministers, in order to fulfill Article 17 of the Family Code of the Republic of Uzbekistan and to create conditions for the formation of a healthy family and the prevention of the birth of children with hereditary and congenital diseases transfer was implemented from January 1, 2004. In this regard, the Ministry of Health of the Republic of Uzbekistan ensures quality medical examination of persons getting married. Systematic work on conveying the importance of medical examination before marriage to a wide range of young people, advising them on medical examination of people getting married in multidisciplinary central polyclinics, and the activities of medical service institutions monitoring, analyzing and summarizing existing problems is one of the main tasks of the reproductive health centers of the Republic and regional population (hereinafter referred to as the Centers).

It is necessary for young people to undergo medical consultation and examination on matters related to family planning, identification of dangerous and socially important diseases not only in young people themselves, but also in their descendants.

Medical examination of married young people is an important condition for establishing a strong family, for the birth of children between spouses without pathological

and other anomalies, and finally, for the protection of each other from serious infectious, venereal and infectious diseases and other dangerous diseases. prevents infection..

Reasonable and reasonable regulation of this issue will eliminate the possibility of negative impact not only on the marriage and family relations of young people, but also on the life and health of the citizens of the entire country and the state as a whole.

In order to solve the problems mentioned above, it is necessary to pay special attention to the problem of medical examination of persons entering marriage. All of the above determines the relevance of this work.

The purpose of the study: to determine the theoretical knowledge of young married people in the field of medical examination, as well as the characteristics and problems in the application of norms related to this issue, as well as to search for ways to further improve medical examination

To achieve this goal, the following tasks are defined:

1. To consider the issue of theoretical approaches to the medical culture of young people regarding the medical examination of young people who are getting married;
2. Analysis of views on the need for medical examination of young people who are getting married as a right or obligation of future spouses in the Family Code of the Republic of Uzbekistan;
3. To study the medical consequences of the medical examination of young people getting married;
4. Identifying the problems that arise during the medical examination of young people who are getting married;
5. Development of proposals and recommendations for improving medical examination in the field under study

First of all, we draw attention to the fact that the characteristic feature of the above relations is their intended purpose. Thus, in general, it is possible to distinguish general goals related to relations in the field of health: prevention of diseases, maintenance and strengthening of mental and physical health, etc.; as well as personal goals protecting the interests of individual citizens: creating the necessary conditions for the formation of a healthy family; the possibility of giving birth to a healthy offspring and at the same time protecting it from hereditary, congenital diseases.

Materials and research methods: The scientific research is planned to be conducted during 2023-2025 in several multidisciplinary polyclinics of the city of Tashkent with young people who came for a medical examination for marriage and doctors and nurses working there. The research methods include collecting anamnesis, filling out questionnaires, using statistical methods, and observing.

In addition, during the years 2005-2021, the method of SWOT analysis of intermarried families from the registry offices of Uzbekistan is used. It analyzed statistical data from 2005 to 2021. S – strengths, W(weaknesses) – O(opportunities) – T(threats)

Research results: Review of the issue of theoretical approaches to the nature of relationships for medical examination of married young people. First of all, we draw attention to the fact that the characteristic feature of the above relations is their intended purpose. Thus, in general, it is possible to distinguish general goals related to relations in the field of health: prevention of diseases, maintenance and strengthening of mental and physical health, etc.; as well as personal goals protecting the interests of individual citizens: creating the necessary conditions for the formation of a healthy family; the possibility of giving birth to a healthy offspring and at the same time protecting it from hereditary, congenital diseases.

Medical examination of married young people is an important condition for establishing a strong family, for the birth of children between spouses without pathological and other anomalies, and finally, before infecting each other with serious infectious, venereal and infectious diseases. prevents. other dangerous diseases.

Reasonable and reasonable regulation of this issue eliminates the possibility of negative impact not only on the marriage and family relationships of specific individuals, but also on the life and health of the citizens of the entire country and the state as a whole.

Since the appeal of married young people to medical organizations is aimed at not only general, but also special, personal goals, it is clear that regular medical examination is not enough to achieve these goals. Future spouses need an in-depth professional study that will allow them to correctly assess their health status, excluding the possibility of making a wrong conclusion.

Taking into account the characteristics of the medical examination of young people getting married, it is impossible not to dwell on the relationship between young people getting married and the medical organization that performs such actions.

It was 183991 in 2005, 16392 rulings this year, 292286 in 2010, 17794 rulings this year. 2021 will be 305211, and this year there will be 39349 rulings.

S-forces: From 2005 to 2021, 3 times more marriages were registered by the civil registry office, correspondingly, the rate of marriages per 1000 inhabitants increased. Accordingly, the demographic index of the population has also increased.

W - Weaknesses: As there are many marriages here, I can tell that not all of these marriages are stable.

O - Possibilities: Demographic indicators of the population can move to a state of progress.

T - Obstacle: waiting in line at hospitals during marriage

Conclusion: Based on the above, before starting to consider the legal aspects of the medical examination of married young people, we believe that it is necessary to determine what meaning the legislator uses when using the term "medical examination".

Medical examination of people who are getting married is one of the most important and important things today. Future spouses, first of all, should know about each other's true state of health in order to prevent negative consequences of marriage. Then the number of divorces in marriage will decrease and the birth of a healthy generation will be guaranteed, and the country will progress.

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