

DEVELOPMENT OF CREATIVE SKILLS OF PRE-SCHOOL CHILDREN WITH THE HELP OF ART THERAPY

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Abstract: *This article talks about modern changes in the preschool education system of Uzbekistan today, the use of new pedagogical technologies, as well as the application of ART therapy and art pedagogy in a new interpretation to the educational system, which are operating in MTTs. The purpose of organizing creative activities for educators is to increase children's interest in the lesson.*

Key words: *Art therapy, preschool education, educator, tool, education, direction, art, correction, living.*

For a long time, the definition of the term art therapy did not correspond to the framework of the educational system in any way. However, later, E.V. Taranov, in 1997 Yu.S. Shevchenko and L.V. Krepitz's "Principles of art therapy and art pedagogy in working with children and adolescents" divided the concept of "art therapy" into "art therapy" and "art pedagogy". Since then, it is believed that art pedagogy has received the "right to live" as an independent direction of art education.

Art pedagogy makes it possible to consider not only art education within the framework of education, but also all components of the process of correction and development with the help of art. Representatives of foreign pedagogy E. Segin, J. Demor, O. Dekroli, as well as local scientists L. S. Vygotsky, A. I. Graborov, E. A. Ekjanova, T. S. Komarova and others emphasized the important role of art in correctional works.

Children's artistic activity ensures their emotional development, forms the motivational-need side of their production activity, helps to develop perception, voluntary attention, imagination, speech, fine motor skills, hands and communication. Perception of works of art creates pleasant impressions and helps to transform Sh into positive emotions. The images of artistic creation reflect all kinds of unconscious processes, including fears, internal conflicts, childhood memories.

A special place is given to the product of artistic activity in artistic pedagogy. Children's drawings are considered, first of all, as a projection of the child's personality, a symbolic expression of his attitude to the world. In this regard, it is very important to distinguish, on the one hand, the characteristics of the child's drawing that reflect the child's level of mental development and mastery of drawing techniques, and the characteristics of the picture that reflect personal characteristics.

Since art pedagogy includes tools, methods and technologies that help to make education and upbringing better and more effective, its tasks include the creation of a

positive, motivational process of education and upbringing, as well as the creation of conditions for the development of the individual. Solving these problems is possible through awareness and activation of vital resources; development and activation of creative potential; teaching self-regulation skills; teaching communication skills; It is recognized that the development of the field of perception is the main goal of today's teachers.

In artistic pedagogy, educational technique is considered as a means of achieving pedagogical goals. Mastering artistic techniques and technologies of working with artistic materials is carried out by studying the possibilities of these materials, sometimes playing with them, unexpected combinations and mixing methods. The ability to work with artistic materials leads to greater freedom, gives a new impetus to development, encourages self-expression. Support of ideas, implementation of creative plans, lack of criticism, formation of a value attitude towards the adolescent personality and the results of his activities - all this is a necessary condition for the development of creativity in preschool children.

We have developed the content of a number of creative tasks using various art materials. The choice of materials affects how the training will go. Some materials, such as pencils, crayons, and felt-tip pens, allow more control, while others—pastels, paint, and clay—allow more freedom of expression. Also, in our activity, we used the graphic technique - monotype, children performed work with different techniques and different art materials.

Creation of certain conditions in which it is possible to take into account the effect of artistic materials combined with art pedagogic techniques, individual characteristics of the course of psychological-pedagogical processes and the influence of visual activity on those who have an invaluable reaction. The final product appeared - they can be self-healing.

Tasks for preschoolers include art materials and standard household items, such as cotton wool

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